

# Catch 31

FISH HOUSE AND BAR

## Sample Lunch Menu

### CULINARY PHILOSOPHY

Pete Stine | Executive Chef    Kevin Sharkey | Executive Sous Chef

"Catch 31" Fish House flies in fresh fish and seafood DAILY from docks, boats and farms around the world. Our fresh fish and seafood is processed in our state of the art refrigerated fish kitchen, which maintains freshness and retains the natural flavors. "Catch 31" is proud to offer the largest selection of fresh fish, oysters and seafood in the area. From the Prime U S D A Beef, to the line-caught local seafood and fresh produce, every component of each dish is the purest available. It is also good to know that you are eating unadulterated food and supporting local farmers, fishermen and growers who are directly connected with the land and sea.

### **DAILY LUNCH SPECIALS | 7.95**

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#### **Pan Roasted Chicken**

Completed with Grilled Lemon and Thyme Chicken Jus Lie

#### **Neptune Shrimp and Scallop**

Bay Shrimp and Scallops with Spinach Rockefeller Stuffing over Roasted Potatoes and Vegetables

#### **Open Face Steak Sandwich**

Grilled Marinated Steak, Blue Cheese, and Petite Salad of Watercress and Pear on Flat Bread

#### **Marinated Eggplant Panini**

Chickpea Spread, Roasted Red Peppers, Watercress on a Ciabatta Roll

#### **Grilled Chicken and Zucchini Pasta**

Served over Cork Screw Pasta, Tomatoes, Zucchini, and Fresh Basil, and Tomato Broth

### **\* OYSTERS | SIMPLY RAW**

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Priced per Three | Traditional Cocktail Sauce | Horseradish | Raspberry Mignonette

<b>Island Creek</b>   Medium Size   Rich and Salty   Massachusetts	7.95
<b>Chincoteague "Salt" Oysters</b>   Eastern Shore Virginia	6.95
<b>Beau Soleil</b>   Deep Cup with High Salinity   New Brunswick, Canada	7.95
<b>Malpeque</b>   Most Famous North Atlantic Oyster   Will Bring a Taste of the Maritime Provinces to You	7.95
<b>Blue Point</b>   One of the most well known oysters   High salt content with a nice ocean finish   Connecticut	8.95
<b>Sewansecott</b>   Medium Size   High Salt Content	6.95
<b>"Famous" Lynnhaven</b>   Medium Size   High Salt Content   Broad Bay   Virginia Beach	6.95

### **RAW BAR**

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Hot Butter | Lemon

<b>Alaskan "Snow" Crab Legs</b>   Steamed   Pound	18.95
<b>Alaskan "King" Crab Legs</b>   Steamed   Pound	22.95
<b>* Middle Neck Clams</b>   Eastern Shore Virginia   Farm Raised   Half Dozen   Dozen	6.95   10.95
<b>* James River Oysters</b>   Surry County Virginia   Half Dozen   Dozen	6.95   12.95
<b>Peel &amp; Eat Shrimp</b>   Old Bay   Pound	16.95
<b>Prince Edward Island Mussels</b>   Garlic   Shallots   Chorizo   Crispy Sweet Potatoes   Asiago Cheese   Pound	13.95

### **APPETIZERS**

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<b>Crispy Fried Calamari</b>   Buttermilk Marinated   Sweet Chile Lime Sauce	9.95
<b>"Catch" Oyster Rockefeller</b>   Applewood Smoked Bacon   Chopped Spinach   Parmesan Cheese	\$8.95   \$15.95
<b>Jumbo Lump Crabcakes</b>   Smoked Bacon Jam   Granny Smith Apples   Roasted Tomatoes	12.95
<b>Potato and Goat Cheese Cakes</b>   Baby Arugula and Avocado Salad   Red Pepper Emulsion	9.95
<b>Braised Beef Short Ribs</b>   Sweet Soy Glaze   Mashed Potatoes   Crispy Shiitake Mushrooms	12.95

### **SOUPS | STEWS | CHOWDERS**

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<b>"31" Signature Oyster Stew</b>   Eastern Shore Oysters   Cream   Old Bay   Potatoes	8.95
<b>Creamy Seafood Chowder</b>   Seasonal Fish   Shellfish   Bacon   Potatoes   Cream	6.95
<b>Roasted Tomato and Fennel</b>   Asiago Croutons   Frond de Fennel	6.95

### **SALADS**

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Add Tuna   Chicken   Shrimp	5.95
<b>Mixed Organic Greens</b>   Garden Vegetables   Garlic Herb Croutons	4.95
<b>Caesar "Catch 31" Style</b>   Crisp Romaine Hearts   Parmigiano Reggiano   Traditional Caesar	5.95
<b>Portobello Salad</b>   Grilled Radicchio   White Balsamic   Toasted Walnuts   Bleu Cheese Crumbles	8.95
<b>Panzanella Salad</b>   Focaccia Bread   Tomatoes   Red Onions   Cucumber   Balsamic Reduction   Organic Greens	8.95
<b>Salmon "Chopped" Salad</b>   Organic Greens   Cucumbers   Tomato   Feta Cheese   Cranberry Vinaigrette	12.95
<b>Hardwood Grilled Steak Salad</b>   Carmelized Onion   Roasted Peppers   Gorgonzola Cheese   Aged Balsamic Vinaigrette	14.95
<b>Thai Tuna Salad</b>   Mandarin Oranges   Pancit Noodles   Peanuts   Edamame   Thai Dressing	15.95

**CATCH 31 FISH HOUSE** is proud to offer the the largest and freshest variety of fish available. The centerpiece of the "Catch 31" kitchen is the wood-burning grill where chef's cook over featured hard woods such a as hickory, apple and mesquite. Each month Executive Chef Peter Stine features a new exotic wood. Our featured wood for November is "BLACK CHERRY". Highly prized, Black Cherry wood has a high smoke content for smoke curing meats, and wood-burning stoves, ovens and grills In the Mid Western US, black cherry is popular in mixes for cooking and smoking, due to its abundance of growth in the region, and its ability to add rich flavor to the meat.

## SIGNATURE SEAFOOD TOWERS | Chilled

Traditional Cocktail Sauce | Horseradish | Raspberry Mignonette

\* **The Atlantic** | 4 or More | One Pound Maine Lobster | Jumbo Lump Crab Cocktail | Shrimp Cocktail 69.95

One Dozen Oysters | Yellow Fin Poke | PEI Mussels | Cluster of Alaskan Snow Crab Legs

\* **The Chesapeake** | 2-4 Guests | Half Pound Maine Lobster | Jumbo Lump Crab Cocktail | Shrimp Cocktail 39.95

Half Dozen Oysters | Yellow Fin Poke | PEI Mussels | Cluster of Alaskan Snow Crab Legs

\***Grilled Fresh Fish** Seckel Pear and Fennel Chutney, White Balsamic and Petite Salad

\* **Sushi Grade Yellow-Fin Tuna** 12.95 **Tilapia, Farm Raised Costa Rica** 11.95

**Jumbo Flounder, Atlantic Coast Virginia** 11.95 **Scottish Salmon** 11.95

**Halibut, Pacific Coast Alaska** 12.95

## SANDWICHES/ BURGERS/PANINIS

Add Cheese 0.75

\* **American Kobe Beef Burger** | Spicy Mustard | Chipotle Ketchup | Kaiser Bun 12.95

\* **Buffalo Blue Cheese" Burger** | Wood Grilled | Spicy Celery Mayo 10.95

\* **Harris Ranch Half Pound "Natural" Angus Burger** | All Natural Hand Selected Beef | Wood Grilled 9.95

**Wood Grilled Salmon BLT** | Shallot Caper Mayo | Pepper Bacon | Shaved Iceberg Lettuce | Tomatoes | Ciabatta 8.95

**Jumbo Lump Crab Cake Sandwich** | Lemon Caper Aioli | Toasted Kaiser Roll | Broiled or Fried 12.95

\* **Grilled Tuna "Burger"** | Sesame Ginger Mayonnaise | Pickled Cucumber Salad | Toasted Kaiser Bun 10.95

**Oyster Po Boy Sandwich** | Lettuce | Tomato | Onion | Spicy Remoulade | Toasted Bread 9.95

**Calamari "Steak" PO BOY** | Remoulade | Toasted Bread | Cherry Peppers | Shredded Lettuce | Tomato | Red Onion 12.95

\* **Open Face Grilled Tuna Sandwich** | Sushi Grade Tuna | Nine Grain Bread | Cucumbers | Sweet Relish | Brie Cheese 12.95

## PASTA

**Autumn Vegetable Pasta** | Wild Mushrooms | Red and Green Peppers | Butternut Miso Broth | Red Delicious Apples 8.95

**Roasted Chicken Pasta** | Roasted Chicken | Chard | Garbanzo Beans | Tomato | Chicken Jus | Cork Screw Pasta 10.95

**Add Grilled Chicken | Shrimp** 5.95

## PIZZA

**Classic Margherita Pizza** | Roma Tomatoes | Fresh Mozzarella | Basil | Parmesano Reggiano 9.95

**Pepperoni Pizza** | Tomato Sauce | Mozzarella Cheese | Parmesan | Imported Pepperoni 10.95

**Cheese Pizza** | Mozzarella Cheese | Parmesan | Tomato Sauce | No Tricks 9.95

**Pizza Bianca** | Confit Mushrooms | Roasted Garlic | Basil | Baby Arugula 10.95

Split plate charge \$1.95 / Please, no separate checks for parties of 8 or more / 20% gratuity will be added to parties of 6 or more.

\*These items are cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs can increase your risk of food borne illness, especially if you have certain medical conditions



## WINE OFFERINGS Ask About Our Award Winning Private Wine Selection

### Whites

2007 Bex Riesling, Germany - loaded with refreshing hints of green apples and peaches with sweet notes of honey 7.00 28.00

2007 Martín Códax Albariño, Rías Baixas - ripe apples, peach, pear, melon, passion fruit and lemon zest 32.00

2008 Bonterra Sauvignon Blanc, CA - crisp and dry with hints of grapefruit and honeydew. Finished with a buttery pear flavor 8.50 34.00

2008 Brancott Sauvignon Blanc, New Zealand - sharp aromas of peach, lime and grapefruit that compete for attention 28.00

2008 Campanile Pinot Grigio, Italy - a smooth and silky finish with gentle tones of apple and vanilla flavors 7.50 30.00

2008 Barboursville Vineyards Pinot Grigio, VA - extreme flavors of apples, pears and pineapples, with a gentle, soft finish 31.00

2007 Bridlewood Chardonnay, Monterey County - Aromas of nectarine, orange and apple with notes of Vanilla and spice 8.50 34.00

2006 Mark West Chardonnay, CA - clean fruit flavors showing tropical notes of pineapple mango, peach and nectarine 26.00

2007 Sonoma-Cutrer Chardonnay, Russian River Ranches - aromas of jasmine give way to tropical pineapple and mango 50.00

### Reds

2007 Red Rock Merlot, CA - flavors of black cherry, plum and boysenberry are complemented by soft, rounded tannins 7.50 30.00

2006 Bonterra Merlot, CA- concentration of black cherry, plum and boysenberry fruits with a nice full-bodied, soft finish 37.00

2005 Louis Martini, Cabernet Sauvignon, Napa - aromas of ripe cherry marry perfectly with flavors of plums and oak nuances 10.50 42.00

2005 Flora Springs Cabernet Sauvignon, Napa - sweet black cherries, plums and cassis nicely balanced with oak undertones 60.00

2007 Mark West Pinot Noir, CA - notes of cherry, raspberry and plum with a little butter cookie in the background 10.00 40.00

2008 Estancia "Pinnacles Ranches" Pinot Noir, CA - lusciously fruity with ripe cherries layered with sweet oak 36.00

2006 Kenwood "Old Vine" Zinfandel, Lodi - Medium-bodied with black cherry and spice, with a soft vanilla oak finish 24.00

2007 Cline Syrah, Sonoma Coast - a bold, spicy red with lots of black cherry flavors and black pepper spice 29.00

2006 Bonterra Syrah, Mendocino County - concentrated berry flavors with notes of vanilla and toasty French oak 44.00

### Champagne/Sparkling Wine

Kenwood Yulupa Brut, Sonoma County - fruit flavors and aromas of citrus, pear and peaches, followed by a nuance of spice 6.00 22.00

Moët & Chandon, "White Star" N.V. Epernay, France - a harmonious succession of sensations with aromas of peaches and pears 95.00

"Dom Perignon" 2000, Epernay, France - full of life with hints of pineapple and coconut that dances through a spiral of aromas 259.00